## **Crystal Healing Course**

## What are crystals and how do they help us?

Crystals are shiny rocks that are found in nature. For ages humans have been attracted to crystals because of their beauty. Most crystals come from the Quartz family. Quartz is more than 20% of the Earth's crust. Crystals are an integral part of nature and possess some of the healing properties of nature. We experience this natural soothing effect when we walk bare feet on sand or sit close to a water body. People who use crystals experience a similar kind of soothing energy when crystals are placed near them.

Quartz displays the special property of piezoelectricity; it converts mechanical energy into electric current. Human bones also display piezoelectricity. And, humans also have an electromagnetic field around their body. Doctors use ECG, EKG, EEG, MRI, etc. to study this field and diagnose disease. Crystals, owing to their special properties are able to influence the electromagnetic field around our body in such a way that we feel relaxed and harmonious after using them.

## What is taught in crystal healing class?

In a crystal class, the crystal master performs an attunement procedure (energy transmission) which helps the student's body to be more receptive to crystal energies. And we learn how to:

- 1. Program the crystals as per your desire
- 2. Use crystals for healing self and others
- 3. Use crystals for meditation
- 4. Use crystals to clean the vibrations of a room and energize it
- 5. Use crystals to send distance healing
- 6. Use a crystal pendulum for dowsing
- 7. Use a pendulum to diagnose disease (in self/ others/ via distance)
- 8. Use a pendulum to balance chakras
- 9. Use pendulum to get guidance from your subconscious self



"One of the Major results for me with this Meditation was the lucidity in my breathing which used to be very short and difficult for me.

The crystal therapy followed by was very relaxing. It felt like beintg in a spa for mind. A kind of calmness prevailed all day through. I would recommend this experience and wish to continue with this. Shibani takes you through this journey very deftly and is a soulful person to interact with.

Thanks Shibani for introducing me to this wonderful state of mind".

-An IT executive

## **Class Details**

Duration: 6 hours Location: Baner, Pune

Max 4 students per batch Fees: Rs. 4000

You receive: Certificate, Manual, Healing Crystals, Crystal Pendulum

Contact: Shibani Thakur, 9158487992. www.Y2LStudio.com